



Goffin Land

Living Soil Garden

Product List 2020



07873921397



livingsoilgarden@gmail.com

About Living Soil Garden

*LSG is regenerative, no-dig market garden
on Goffin Land, in North Exeter.*

*All of our vegetables are grown on 0.5 acres of permanent beds,
cultivated without machinery, tillage, nor chemicals.*

*Our practices are aimed at regenerating soil and establishing a
biodiverse & ecologically resilient landscape. This involves:*

•No-dig soil management & zero-chemicals policy

*We never disturb the soil or apply any chemicals, so as to allow fungal
and bacteria networks in the soil to thrive. This in turn feeds plants,
which end up being rich of precious micro-nutrients and minerals.*

•Small-scale growing

*Because we concentrate our work on a small scale, we are committed
to using only emission-free, human-powered tools to cultivate our
fields.*

•Seasonal & Local

*We grow only seasonal vegetables, harvest them and sell them locally
on the same day. This reduces the necessity for energy-intensive ways
to lengthen the growing season, and limits the impact of delivering our
products to customers.*

•Recyclable & plant-based packaging

*We strive to reduce our waste, both on the field and in the distribution
of our vegetables. All of our microgreens are packed in biodegradable,
plant-based "clam shells", we offer our customers the option of paper
bags and cardboard boxes, and our seeds are started only in durable,
re-usable and 100% recycled plastic.*

•Peat-free propagation compost

*We avoid all use of peat moss in our growing, as we believe it is an
unsustainable source of organic matter.*



Find out more at our website
livingsoilgarden.co.uk

Brassicas



Kale
Nero di Toscana
Sept-June



Kale
Red Russian
Sept-June



Kale Redbor
Sept- March



Spring Greens
Early Durham
Sept-June



Purple sprouting
Feb-May

Leafy Greens



Ruby Chard
Jun - Nov



Rainbow Chard
Jun - Nov



Fordhook Chard
Jun - Nov



Spinach Medania
Apr - Jun, Sep - Dec



Spinach Palco
Apr - Jun

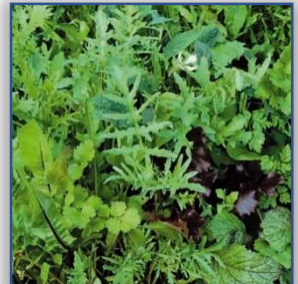
Salad mixes



Lettuce Rainbow
May - Oct



Synergy
May - Oct



Spicy
May - Oct

Beans & Peas



Green Beans
Jul -Sep



Yellow Beans
Jul -Sep



Purple Beans
Jul -Sep



Sugar Snap Peas
Jul - Aug



Mangetout Peas
Jul - Aug

Lettuce

Apr - Nov



Lobjoits



Chartwell



Jabeque



Marvel



Little Gem Intred



Grenoble Red



Freckles



Navara



Cantarix

Oriental & Spicy Leaves

May-Jun, Aug - Nov



**Mustard
Dragon's tongue**



**Mustard
Ruby Streaks**



**Mustard
Golden Frills**



**Mustard
Osaka Purple**



Komatsuna



**Pak Choi
Joy choi & Glacier**



Mizuna



**Wild Rocket
(Spicy)**



**Italian Arugula
(Mild)**

Salad Flowers

Jun - Oct



Calendula



Cornflower



Viola



Nasturtium
Cherry Rose



Nasturtium
Salad mix



Nasturtium
Peach Melba



Kale Flowers



Borage

Tomatoes

Jul - Sep



Apero
(Cherry)



Sungold
(Cherry)



Super Marmande
(Beef)

Courgettes

Jul - Oct



Green
Verde d'Italia



Yellow
Burpee Gold



Patty Pan
Beginnings Green

Roots & Bulbs



French Breakfast
Apr - Jun



Sparkler
Apr - Jun



Spanish Black
Sep - Feb



Boltardy Red
Jun - Oct



Chioggia
Jun - Oct



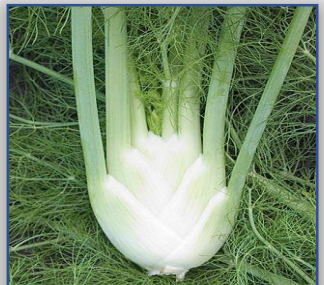
Golden
June - Oct



Salad Turnip
June - Jul
Sep - Nov



Spring Onion
June - Oct



Bulb Fennel
Jul + Sep - Nov

Microgreens & Herbs



Pea shoots



Micro-Radish



Sunflower
shoots



Parsley



Chervil



Dill



Sweet Basil



Cinnamon Basil



livingsoilgarden.co.uk



fb.com/goffinLSG



@goffinlivingsoilgarden



livingsoilgarden@gmail.com



07873921397

